



St. Charles County Government

Department of Parks and Recreation
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FOR IMMEDIATE RELEASE

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ENJOY GUIDED MOUNTAIN BIKE RIDES THROUGH COUNTY PARKS THIS YEAR

St. Charles County Parks Department – The St. Charles County Parks Department and Gateway Off-Road Cyclists (GORC) will partner again this year to host *Guided Mountain Bike Rides* at Louis H. Bangert Memorial Wildlife Area (Bangert Island Park in St. Charles), Quail Ridge Park (in Wentzville), Broemmelsiek Park (near O’Fallon), and Indian Camp Creek Park (near Foristell) this spring, summer, and fall. In addition to the family friendly guided rides, more advanced *Moonlight Mountain Bike Rides* are planned on full-moon nights throughout the year.

Participants must provide their own bicycle, wear a helmet, and bring water. Those wishing to participate in the *Moonlight* rides must have lights attached to their bikes. For more information or to register for the rides, please visit www.stccparks.org or call the Parks Department at (636) 949-7535 — although walk-up registrations are allowed.

Free and open to off-road cyclists, the *Guided Mountain Bike Rides* are scheduled on the second Wednesday of each month at Bangert Island or Quail Ridge and on the last Sunday of each month at Broemmelsiek or Indian Camp Creek.

Guided Rides at **Bangert Island** are scheduled at 6 p.m. April 8; at 6:30 p.m. June 10; and at 6:30 p.m. Aug. 12.

Guided Rides at **Quail Ridge Park** are scheduled at 6 p.m. May 13; at 6:30 p.m. July 8; and at 6 p.m. Sept. 9.

Guided Rides at **Broemmelsiek Park** are scheduled at 1 p.m. April 26; at 1 p.m. June 28; and at 1 p.m. Aug. 30;

Guided Rides at **Indian Camp Creek Park** are scheduled at 1 p.m. May 31; at 1 p.m. July 26; and at 1 p.m. Sept. 27.

The free *Moonlight Mountain Bike Rides* are planned at 8 p.m. April 8 (Bangert Island); at 8 p.m. May 8 (Quail Ridge); at 8:30 p.m. June 6 (Indian Camp Creek); at 8:30 p.m. July 8 (Quail Ridge); at 8:30 p.m. Aug. 7 (Broemmelsiek); at 7:30 p.m. Sept. 3 (Indian Camp Creek); at 6 p.m. Nov. 1 (Quail Ridge); and at 7 p.m. Dec. 4 (Bangert Island).

Rides may be canceled in times of inclement weather or wet trails. For information on the status of the programs or trails within any St. Charles County park, please call (636) 949-7475.

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