

**St. Charles County  
Community Assistance Board**

Volunteers In Medicine  
1039 S. Duchesne Drive St. Charles, MO 63301

**Meeting Minutes**

**March 7, 2023**

**Meeting Facilitator:** Melinda McAliney

**Attendance:** David Bardgett; Cindy Syberg; John Glenn, Pat Leone

**Guests:** Pinar Turker (St. Charles County); Dottie Kastigar (Community Council); Lindsay Kyonka (Crisis Nursery); Carrie Dina (NECAC); Kathy Henderson (Sts. J&A); Debra Alessi, Jessica Beeson, Alice Breneman, Karen Ehlmann, Dave Fitzgerald, and Mark Renken, (all from Volunteers in Medicine)

- I. **Call to order** at 7:00pm
- II. **Pledge of Allegiance**
- III. **Public Comment – No public comment**
- IV. **Approval of February 15th, 2022, Minutes** – A motion was made by Pat and seconded by John to approve the minutes. Minutes were approved.
- V. **New Business**
  - a. Strategic Planning Process – Melinda reviewed the overview of strategic planning from last month and information that was shared on the history of the CAB board and funding allocations, as well as the presentation by Dottie on some of the community unmet needs.
    - i. **Community Assets** – Dottie shared an overview of some of the community assets and progress that has been made in addressing the growing needs of our community. She shared that ***our strongest asset is our community residents, led by a great coalition of community partners*** that work collaboratively to address the needs of homeless, near homeless, and fragile community neighbors. (See attached handout for an overview of community assets). A robust discussion was held around growth in St. Charles County, limited public funding to address growing needs, the lack of affordable housing, and the many ways our community partners and agencies are trying to “fill the gap”. Community partners contributed their perspective on the unmet needs they are seeing, the complexity of issues for fragile residents, and how agencies are coming together to stabilize housing for our most fragile neighbors. Low barrier shelter and transportation, case management, and landlords willing to work with agencies were also discussed. The need for more “drop-in centers” where people could access showers, laundry, and basic needs was identified, and vehicles were identified as a resource for safety for those on the streets.

- ii. **April: SWOT analysis & Priorities** – Melinda shared that we would conduct a SWOT analysis and identify funding priorities at the April CAB board meeting.
- b. Agency Tour – A tour of the Volunteers in Medicine clinic was conducted after the meeting. Information was shared on the clients they were assisting as well as the medications they were providing to persons who were uninsured. The VIM clinic is all volunteer run, with no paid staff.

VI. **Adjournment** – The meeting adjourned at approximately 8:30pm

Next Meeting Date: **Tuesday, April 11, 2023, 7pm**

Location: **Sts. Joachim & Ann Care Service,  
4116 McClay Road St. Charles, MO 63304**