



NEWS RELEASE

St. Charles County Government

Department of Community Health and the Environment

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FOR IMMEDIATE RELEASE

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PARENTING 101 TEACHES CARE-GIVING TIPS

Attendees Earn Free Child Safety Seats Upon Completion of Two-Hour Class

St. Charles County, Missouri – Through grant funding from the Community and Children’s Resource Board of St. Charles County (CCRB), the St. Charles County Department of Community Health and the Environment offers eligible guardians a child safety seat. Individuals who complete the department’s free ***Parenting 101*** program — and who meet specific income/residency criteria — are qualified to receive the car safety seats.

Open to parents, grandparents, foster parents and other primary guardians, the two-hour program will discuss many aspects of infant, child and parent safety. Topics covered will include injury prevention, appropriate discipline practices, child development, medical care and more. At the conclusion of the class, eligible participants will receive a *brand new* COSCO® Convertible Child Safety Seat and instruction on the proper installation of this life-saving device. Compliant with Missouri state law, this safety seat will fit infants and toddlers weighing 5-40 pounds and those 19-43 inches tall.

The next ***Parenting 101*** program is scheduled for Friday, Aug. 17 (9:30 a.m.) at the health department office (1650 Boone’s Lick Road in St. Charles), but additional sessions are offered throughout the year by the Health Education staff. Advanced registration is required, as class sizes are limited. To register or to learn the dates and availability of future programs, interested participants should contact Brittany Camacho by email at bcamacho@sccmo.org or by phone at 636-949-7400, ext. 6255.

According to the National Highway Traffic Safety Administration, thousands of children are killed or injured in automobile crashes each year — ***mainly because three out of four children are not properly secured.*** Research by the Missouri Department of Transportation shows that proper use of child safety seats will reduce death by 71 percent for infants (under age 1) and 54 percent for toddlers (age 1-4).

The St. Charles County Department of Community Health and the Environment is committed to the protection and enhancement of health and the quality of life for all members of our community. Throughout the year, the Health Education division offers programs on public health and safety for schools, community organizations, and individuals. For information on these programs, please visit www.scchealth.org or call 636-949-7400.

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