



NEWS RELEASE

St. Charles County Government

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FOR IMMEDIATE RELEASE

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HEALTH DEPARTMENT OFFERS CPR, FIRST AID CERTIFICATION

St. Charles County, Missouri – Each year, it is estimated that more than 2 million Americans suffer a heart attack and that more than 50 million are injured severely enough to warrant medical attention.

To prepare yourself on how to react should someone you know or love face either of these life-threatening experiences, the St. Charles County Department of Community Health and the Environment will offer *Adult/Infant/Children CPR and First Aid Certification* training this fall. Led by Division of Public Health nurse **Lana Hudanick**, these half-day courses will focus upon recognition and response to emergencies. Accommodating up to 20 participants per session, classes will teach how to identify and provide basic first aid for injuries, to conduct cardiopulmonary resuscitation (CPR) until further medical help arrives, and to operate an Automated External Defibrillator (AED) on victims in cardiac arrest. Upon completion, attendees will receive a two-year certification from the American Red Cross.

Open to all individuals aged 18 or older, two classes will be offered, on Thursday, Oct. 4 or Thursday, Nov. 1 (both are 9 a.m. to 3:30 p.m.). Both classes will be presented at the health department facility (1650 Boone's Lick Road in St. Charles). The classes will cost \$45 per person and advanced registration (with full payment) is required. For information, please call 636-949-7400.

The St. Charles County Department of Community Health and the Environment is committed to the protection and enhancement of health and the quality of life for all members of our community. For information on programs offered and to discover ways the Department assists our community, please visit www.scchealth.org or call 636-949-7400.

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