

**FOR IMMEDIATE RELEASE:**

**September 16, 2014**

**Contact:** Nancy Lee Gomer, Marketing Coordinator

**Phone:** 636.949.7535 or cell 636.795.1137



## **Run Wild or Mountain Bike in the Woods on Sept. 27, Oct. 18 or Nov. 1**

*St. Charles County, Missouri* – Wild in the Woods is back with double the fun this year! Bring your trail shoes and your mountain bikes to run, ride, or *both* through St. Charles County's most scenic parks during the Wild in the Woods Trail Run/Mountain Bike races Sept. 27, Oct. 18 and Nov. 1. Now you can tackle the rugged terrain on foot, cover the miles on two wheels or, if you're feeling really wild, challenge yourself to both events in one day! Get Wild in the Woods this fall with the St. Charles County Parks Department, Thrivent Financial Representative Kelly Floyd, FLEET FEET Sports, Swim Bike Run, Vaccaro's Produce and Great Harvest Bread Company!

The first race is seven miles and is on Saturday, Sept. 27 at Klondike Park, 4600 Highway 94 South, Augusta, MO 63332; the second race is 10 miles and is on Saturday, Oct. 18 at Indian Camp Creek Park, 2679 Dietrich Road, Foristell, MO 63348 and the final race is five miles and is on Saturday, Nov. 1 at Broemmelsiek Park, 1615 Schwede Road, Wentzville, MO 63385. Each trail run begins at 9 a.m. and the mountain bike race follows at 11 a.m.

Awards will be given to top three male and female finishers of each race using five-year age groups. A man and a woman runner and a man and woman rider will be named Series Champion and receive a trophy. Series Champions must participate in at least two races.

To register for a Wild in the Woods race, visit <http://www.fleetfeetstlouis.com/racing/highlighted-races/wild-woods-series> or contact the St. Charles County Parks and Recreation Department at 636.949.7535 for more information.

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