



## NEWS RELEASE

### FOR IMMEDIATE RELEASE:

May 25, 2017

Contact: Nancy Lee Gomer, Marketing Coordinator, 636-949-7535, or 636-795-1137, [ngomer@sccmo.org](mailto:ngomer@sccmo.org)

### FRIDAYS IN ST. CHARLES COUNTY MEAN MOUNTAIN BIKE NIGHT RIDING!

***Grab your bike, light and helmet and hit the trails!***

**ST. CHARLES COUNTY, MO** – Throughout the remainder of the year, the St. Charles County Parks and Recreation Department, along with St. Louis Area Mountain Bikers (SLAMB) and Gateway Off-Road Cyclists (GORC), will host Mountain Bike Night Rides at County parks known for great biking trails. These challenging rides are open to experienced cyclists and offer an opportunity to experience park trails after hours.

Volunteers from SLAMB and GORC lead the rides. Each ride is allowed three hours; however, the length of the ride is dependent on the environment and trail conditions, number of riders, ability levels and number of volunteer leaders. The rides begin at the trailhead of each park and signage is posted along the road to direct participants to the starting location. Riders must wear helmets and have a 600 lumen light to participate.

Upcoming rides are scheduled as follows:

- 9 p.m., June 2 at Broemmelsiek Park, 1795 Highway DD, Defiance
- 9 p.m., June 16 at Matson Hill Park, 670 Matson Hill Road, Defiance
- 9 p.m., June 30, Indian Camp Creek Park, 2679 Dietrich Road, Foristell
- 9 p.m., July 14, Broemmelsiek Park
- 8:30 p.m., Aug. 4, Matson Hill Park
- 8:30 p.m., Aug. 18, Indian Camp Creek Park

The rides are free; registration is not necessary, but encouraged. Those planning to participate should check the Rainout Line on the website, or call 636-707-0011, prior to the start time. Heavy rain, even days before the event, can make natural surface trails unusable. For a complete schedule or more information, visit [www.stccparks.org](http://www.stccparks.org) and click on the online registration link.

-end-

#### **About St. Charles County Parks & Recreation**

The St. Charles County Parks & Recreation Department offers unique parks, diverse facilities and a broad range of programs and special events for all ages. The County currently operates 12 parks, including a Youth Activity Park and the recently acquired Historic Daniel Boone Home. Plans for a new park at Kisker Road and Highway 94 are underway.

For more information and specifics about each park, visit [www.stccparks.org](http://www.stccparks.org).



## NEWS RELEASE

### **About St. Charles County**

Founded in 1812, St. Charles County is one of the fastest growing counties in Missouri, and the state's third largest county in both population and economic share. St. Charles County consistently ranks one of the healthiest places to live in Missouri in the County Health Rankings report published by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. It is home to 12 scenic county parks encompassing more than 2,800 acres with additional land under development and more in reserve for future development.

With a population of 385,840, St Charles County is home to large employers including Citi, MasterCard Worldwide, Boeing and General Motors. It is ranked among the top 25 counties in the nation in high-tech job growth by the Progressive Policy Institute and consistently has the lowest unemployment rate in the Metropolitan St. Louis area.

St. Charles County employs nearly 1,100 in more than 30 departments and offices, who work to make the county an excellent place to live, work and shop.

For more information, please visit [www.sccmo.org](http://www.sccmo.org).