



NEWS RELEASE

FOR IMMEDIATE RELEASE:

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EXPLORE, LEARN, PADDLE, HAVE FUN THIS WEEKEND IN ST. CHARLES COUNTY PARKS

ST. CHARLES COUNTY, MO – If you're active by nature, you'll want to check out all that the St. Charles County Parks have to offer this summer. From monthly Artisan in Residence programs and hiking and biking opportunities, to disc golf events and more, there's sure to be something of interest to every member of the family!

Here are some of the upcoming events:

- At The Historic Boone Home near Defiance, you'll learn frontier skills in woodworking at our **Saturday, June 10**, hands-on program. The program is from **11 a.m. to 3 p.m.** and is free, but registration is requested.
- From **9 a.m. to 1 p.m.**, also on **Saturday, June 10**, you won't want to miss taking the kids to the Parks' inaugural **Bike Safety Rodeo** at the Youth Activity Park in Dardenne Prairie. This event is for ages 4-15 years and is designed to teach bike rules of the road, control, handling skills, hand signals and balance. Participants follow an obstacle course to teach them how to react in simulated street riding, and more experienced riders will practice riding on natural surface trails. Momentum Bike Shop is providing bike safety inspections and a helmet fitting station is planned in cooperation with St. Louis Children's Hospital. Pre-registration is requested, but walk-ups are welcome.
- If you want to learn more about the art of disc golf, then make plans to attend the Disc Golf Clinic from **9 a.m. to noon, Saturday, June 10 at Quail Ridge Park near Wentzville**. Participants must be at least 6 years old. They will be grouped by skill level and receive instructions on rules of the game, driving, putting, technique and more. Cost is \$15, which includes a commemorative disc and lunch after the clinic. Pre-registration is requested. The event is sponsored by St. Charles County Disc Golf Club and Prodigy Disc.
- The second of four Hiking Series events will be held from **1:30-4:30 p.m., Sunday, June 11 at Broemmelsiek Park near Defiance**. Adventurists can explore the vast natural surface trails for signs of wildlife and local flora. Hiking distances vary for each event but are between 2 and 5 miles and are at a casual pace. Those who participate in two of the four hikes in the series will receive a St. Charles County Parks commemorative gift. Registration is not required and the events are free.

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Summer Fun, continued

- If you've always wanted to learn how to kayak, canoe or use stand-up paddleboards (SUPs), here's your chance! St. Charles County Parks and the Alpine Shop are hosting a **Paddling Demo Day** from **11 a.m. to 3 p.m., Sunday, June 11, at Broemmelsiek Park** near Wentzville. Participants will have the opportunity to test paddle non-motorized boats on Betty's Lake at the park. Additionally, Kayaking 101 classes are being held from 6-8 p.m., Thursday, June 15, and from 2-4 p.m., Saturday, Aug. 19, both at Broemmelsiek Park. Call the Alpine Shop at 314-962-7715 to reserve your spot.

For more information on these and other events, contact the St. Charles County Parks & Recreation Department at 636-949-7535 or visit www.stccparks.org.

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About St. Charles County Parks & Recreation

The St. Charles County Parks & Recreation Department offers unique parks, diverse facilities and a broad range of programs and special events for all ages. The County currently operates 12 parks, including a Youth Activity Park and the recently acquired Historic Daniel Boone Home. Plans for a new park at Kisker Road and Highway 94 are underway.

For more information and specifics about each park, visit www.stccparks.org.

About St. Charles County

Founded in 1812, St. Charles County is one of the fastest growing counties in Missouri, and the state's third largest county in both population and economic share. St. Charles County consistently ranks one of the healthiest places to live in Missouri in the County Health Rankings report published by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. It is home to 12 scenic county parks encompassing more than 2,800 acres with additional land under development and more in reserve for future development.

With a population of 385,840, St Charles County is home to large employers including Citi, MasterCard Worldwide, Boeing and General Motors. It is ranked among the top 25 counties in the nation in high-tech job growth by the Progressive Policy Institute and consistently has the lowest unemployment rate in the Metropolitan St. Louis area.

St. Charles County employs nearly 1,100 in more than 30 departments and offices, who work to make the county an excellent place to live, work and shop.

For more information, please visit www.sccmo.org.