

FOR IMMEDIATE RELEASE:

January 19, 2018

Contact: Nancy Lee Gomer, Marketing Coordinator, 636-949-7535, or 636-795-1137, ngomer@sccmo.org

LEARN THE ART OF MAKING SWEET MAPLE SYRUP
Free hands-on activity demonstrates how to make your own at home.

ST. CHARLES COUNTY, MO – Making maple syrup is easier than you think. Now you can learn how to turn gallons of gooey sap into edible sweet syrup with the help of St. Charles County Parks and Recreation



Department staff, volunteers and Hart Beet Farm. Join us from 11 a.m.-3 p.m., Saturday, Feb. 17, for our Hands-On Heritage: Making Maple Syrup at The Historic Daniel Boone Home near Defiance. This popular program is back and admission is free!

Park staff tapped the trees and gathered the sap that Hart Beet Farms will use to demonstrate how easy it is to make syrup with modern day equipment. They'll break it down for you with simple step-by-step instructions from learning how to bore a tree to showing you how long to boil the sap. Watch and learn as the historic process that dates back to the 19th century is brought to light

with a modern twist.

Frontiersmen and women also will be giving historical demonstrations. Guests will be able to view and handle the antique equipment that was used in the 1800s to make maple syrup. They also will have an opportunity to ask questions about the historical process that first was used by Native Americans.

Established in 2015 as a small, diversified farm in Eolia, Missouri, Hart Beet Farm grows a variety of clean vegetables without using chemical pesticides, herbicides or synthetic fertilizers. Wild edibles including mushrooms, fruits, and maple sap are harvested from the farm year round. The farm also harvests many wild edibles including mushrooms, fruits, and maple sap from their forests. During the growing season the farm offers a limited number of shares to the community for purchase. For more information, visit www.hartbeetfarm.com.

The program is free and open to all ages. For more information, call the parks department at 636-949-7535

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About St. Charles County Parks & Recreation

The St. Charles County Parks & Recreation Department offers unique parks, diverse facilities and a broad range of programs and special events for all ages. The County currently operates 12 parks, including a Youth Activity Park and the recently acquired Historic Daniel Boone Home. Plans for a new park at Kisker Road and Highway 94 are underway.

For more information and specifics about each park, visit www.stccparks.org.



NEWS RELEASE

About St. Charles County

Founded in 1812, St. Charles County is one of the fastest growing counties in Missouri, and the state's third largest county in both population and economic share. St. Charles County consistently ranks one of the healthiest places to live in Missouri in the County

Health Rankings report published by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. It is home to 12 scenic county parks encompassing more than 2,800 acres with additional land under development and more in reserve for future development.

With a population of 385,840, St Charles County is home to large employers including Citi, MasterCard Worldwide, Boeing and General Motors. It is ranked among the top 25 counties in the nation in high-tech job growth by the Progressive Policy Institute and consistently has the lowest unemployment rate in the Metropolitan St. Louis area.

St. Charles County employs nearly 1,100 in more than 30 departments and offices, who work to make the county an excellent place to live, work and shop.

For more information, please visit www.sccmo.org.