



## NEWS RELEASE

### FOR IMMEDIATE RELEASE:

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### **INDIAN CAMP CREEK PARK OFFERS A DAY FULL OF ADVENTURES ON MARCH 10** *Children and adults can discover nature, hike and work on trails*

**ST. CHARLES COUNTY, MO** – Three programs are being offered in one day on Saturday, March 10, at Indian Camp Creek Park near Wentzville. Children and adults can discover nature, get active, and give back to the community when they register for the St. Charles County Parks and Recreation Department’s “What’s in the Woods?”, “Hiking 101 for Kids,” and/or our first “Trail Work Day” of the year. The programs are free, but space is limited and registration is required.

Children ages 6-12 can be a nature detective from 9–10:30 a.m. at the “What’s in the Woods?” event, followed by “Hiking 101 for Kids” from 11 a.m.–12:30 p.m. While the kids are learning and playing, adults can enjoy the park at the same time by joining us from 9 a.m.–1 p.m. for a “Trail Work Day.”

The fun begins with “What’s in the Woods?” This guided adventure takes you through the park to discover tracks, scat and signs of animals so be sure to dress for the weather. After exploring the woods, we’ll make a creative nature craft.

The fun doesn’t stop there! Lace up your most comfortable walking shoes and hit the trails with “Hiking 101 for Kids.” Our experienced trekker teaches basic map-reading and trail-marking skills that prepare you for hiking year-round in Missouri. You’ll learn what clothing and other gear are essential for hiking and even whip up a batch of trail mix! Both programs are ideal for scouts and other youth groups looking for opportunities to meet merit badge requirements.

While the kids are exploring the park, adult volunteers are encouraged to make a mark on a St. Charles County Park by assisting with a “Trail Work Day.” Park staff and members of Gateway Off-Road Cyclists (GORC) lead this trail carving program. Volunteers should bring a set of gloves, a pair of sturdy boots and safety glasses. After the trail building project is complete, lunch is provided to all who lend a hand.

For more information about the programs or to pre-register, call the parks department at 636-949-7535, or visit us online at [www.stccparks.org](http://www.stccparks.org) and click on “activity registration.”

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#### **About St. Charles County Parks & Recreation**

The St. Charles County Parks & Recreation Department offers unique parks, diverse facilities and a broad range of programs and special events for all ages. The County currently operates 12 parks, including a Youth Activity Park and The Historic Daniel Boone Home. A new park at Pitman Hill Road and Kisker Road is under construction.

For more information and specifics about each park, visit [www.stccparks.org](http://www.stccparks.org).



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### **About St. Charles County**

Founded in 1812, St. Charles County is one of the fastest growing counties in Missouri, and the state's third largest county in both population and economic share. St. Charles County consistently ranks one of the healthiest places to live in Missouri in the County

Health Rankings report published by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. It is home to 12 scenic county parks encompassing more than 2,800 acres with additional land under development and more in reserve for future development.

With a population of 385,840, St Charles County is home to large employers including Citi, MasterCard Worldwide, Boeing and General Motors. It is ranked among the top 25 counties in the nation in high-tech job growth by the Progressive Policy Institute and consistently has the lowest unemployment rate in the Metropolitan St. Louis area.

St. Charles County employs nearly 1,100 in more than 30 departments and offices, who work to make the county an excellent place to live, work and shop.

For more information, please visit [www.sccmo.org](http://www.sccmo.org).