



## NEWS RELEASE

### FOR IMMEDIATE RELEASE:

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### GET A TASTE OF HISTORY AT THE HISTORIC DANIEL BOONE HOME ON APRIL 7

*Learn the art of hearth cooking with The Ox Bow Tavern Living History Group*

**ST. CHARLES COUNTY, MO** – Learn how to cook the old-fashioned way with talented interpreters at The Historic Daniel Boone Home in Defiance! Join Terry and Nancy Sorchy with The Ox Bow Tavern Living History Group from 10 a.m.–4 p.m., Saturday, April 7, at our Hands-On Heritage: Hearth Cooking program. You'll blend fresh ingredients with traditional hearth cooking techniques to prepare your own 19<sup>th</sup> century-inspired meal.

Hearth cooking style of food preparation is different than modern open fire cooking, and is performed by using 1800s cooking utensils and equipment such as a tin kitchen and baking kettle. Each participant enrolled in the program will get a unique, hands-on cooking experience using the hearths in our historic Engeldew House on site. After the food is prepped and your meal has finished cooking in the hearth, you'll sit down to savor the historic dish you prepared.

The Sorchy's have been volunteering at The Historic Daniel Boone Home for the past 12 years, serving as hearth cooking interpreters and reenactors with The Ox Bow Tavern Living History Group. These demonstrators are so passionate about hearth cooking practices of the 1800s that it has changed the way they cook today.

This cooking program is intended for ages 10 and up and is \$20 per person. Limited spots are available! To make a reservation for Hands-On Heritage: Hearth Cooking, call the St. Charles County Parks and Recreation Department at 636-949-7535.

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#### **About St. Charles County Parks & Recreation**

The St. Charles County Parks & Recreation Department offers unique parks, diverse facilities and a broad range of programs and special events for all ages. The County currently operates 12 parks, including a Youth Activity Park and The Historic Daniel Boone Home. Veterans Tribute Park, our newest park development between Pitman Hill and Kisker roads is expected to open in 2018.

For more information and specifics about each park, visit [www.stccparks.org](http://www.stccparks.org).

#### **About St. Charles County**

Founded in 1812, St. Charles County is one of the fastest growing counties in Missouri, and the state's third largest county in both population and economic share. St. Charles County consistently ranks one of the healthiest places to live in Missouri in the County Health Rankings report published by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. It is home to 12 scenic county parks encompassing more than 2,800 acres with additional land under development and more in reserve for future development.

ST. CHARLES  
COUNTY

NEWS RELEASE

With a population of 385,840, St Charles County is home to large employers including Citi, MasterCard Worldwide, Boeing and General Motors. It is ranked among the top 25 counties in the nation in high-tech job growth by the Progressive Policy Institute and consistently has the lowest unemployment rate in the Metropolitan St. Louis area.

PARKS

St. Charles County employs nearly 1,100 in more than 30 departments and offices, who work to make the county an excellent place to live, work and shop.

For more information, please visit [www.sccmo.org](http://www.sccmo.org).