

FOR IMMEDIATE RELEASE:

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ST. CHARLES COUNTY'S INDIAN CAMP CREEK PARK HOSTS FIRST RUN IN BIG RIVER TRAIL SERIES

ST. CHARLES COUNTY, MO – On your mark, get ready, let's go to the 5th annual Flint Ridge Trail Run on Saturday, Sept. 29, at Indian Camp Creek Park near Wentzville! This exciting race begins at 9 a.m., kicks off the Big River Trail Series, and offers prizes, a commemorative Flint Ridge short sleeve tech shirt, on-course



hydration, finisher photo and video, mobile running tracking, live onsite results and a rockin' Big River Post-Race Party featuring complementary music, BBQ and drinks!

At the Flint Ridge Trail Run, participants can choose to compete in the 4- or 10-mile race. Awards will be presented to the top three runners in each age division and the top overall male and female finishers in each race will receive a pair of Brooks trail running shoes!

Runners who compete in the 10-mile Flint Ridge Race and a combination of any two additional races in the series can compete for series points and the top scorers win prizes! Races in the series include: Flint Ridge Trail 10-mile, Skippo 10k, Skippo 20k or 30k, and the Castlewood Cup 15k.

Indian Camp Creek Park is located at 2679 Dietrich Road near Wentzville. The 4-mile race is \$39 per runner and the 10-mile race is \$54 per runner. Pre-race packet pickup is Thursday, Sept. 27 from 4-7 p.m. at the Big River Running Store located at 13969 Manchester Road near Town and Country. Race-day registration and packet pickup will be available from 7:45-8:50 a.m. To register or for more information on the Flint Ridge Trail Run or The Big River Trail Series, visit www.flintridge10.com.

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About St. Charles County Parks & Recreation

The St. Charles County Parks & Recreation Department offers unique parks, diverse facilities and a broad range of programs and special events for all ages. The County currently operates 15 parks, including a Youth Activity Park and The Historic Daniel Boone Home.

For more information and specifics about each park, visit stccparks.org.

About St. Charles County

Founded in 1812, St. Charles County is one of the fastest growing counties in Missouri, and the state's third largest county in both population and economic share. St. Charles County consistently ranks one of the healthiest places to live in Missouri in the County.



NEWS RELEASE

Health Rankings report published by the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. It is home to 15 scenic County parks encompassing more than 3,643 acres with additional land under development and more in reserve for future development.

With a population of 395,504, St Charles County is home to large employers including Citi, MasterCard Worldwide, Boeing and General Motors. It is ranked among the top 25 counties in the nation in high-tech job growth by the Progressive Policy Institute and consistently has the lowest unemployment rate in the Metropolitan St. Louis area.

St. Charles County employs nearly 1,100 in more than 30 departments and offices, who work to make the county an excellent place to live, work and shop.

For more information, please visit sccmo.org.