

FOR IMMEDIATE RELEASE:

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Contact: Nancy Lee Gomer, Marketing Coordinator, 636-949-7535, or 636-795-1137, ngomer@sccmo.org

CLIMB TO NEW HEIGHTS NOV. 16 AT ST. CHARLES COUNTY'S YOUTH ACTIVITY PARK



ST. CHARLES COUNTY, MO – Learn “Rockwall Basics” with the St. Charles County Parks and Recreation Department from 10 to 10:45 a.m., Saturday, Nov. 16, at the Youth Activity Park (YAP), 7801 Highway N in Dardenne Prairie.

With the help of belay-certified park staff, participants 6 years and older will have access to the 30-foot indoor rock wall to learn this physically demanding sport that combines fitness and agility with mental fortitude. Instruction includes demonstrations and hands-on training of climbing styles, techniques and the understanding of rock climbing terms and lingo. After learning the basics, participants put their skills to the test by practicing climbing for the duration of the class. The program is ideal for individuals, youth groups, scouts and other organizations.

Cost is \$10 per person. Space is limited; pre-register online at <http://bit.ly/2019RockwallBasics> or call the park at 636-561-4964. A parent-signed waiver must be completed online at stccparks.org or at the park prior to participation.

After rock climbing, guests are invited to ride Missouri's largest outdoor skate course for free! This 33,000-square-foot skate/bike course is equipped with nighttime lighting and has beginner, intermediate and advanced bowls with coping; a street course; and a snake run scattered with ramps, gaps, hubbas and more! Helmets are required to use this state-of-the-art course. It is open year-round to all ages – skateboards, inline skates, scooters, and BMX bikes.

Also inside are table tennis, foosball table, air hockey, large video gaming area with two flat screen televisions and a concession stand. Outside is a sand volleyball court and half-court basketball outside; table tennis, foosball table, air hockey, large video gaming area with 2 flat screen televisions and a concession stand. And coming soon to the YAP: The Parks Department is in the process of constructing the largest asphalt pump track in the country. Watch our Facebook page at <https://www.facebook.com/StCharlesCountyParks/> for details!

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About St. Charles County Parks & Recreation

The St. Charles County Parks & Recreation Department was created in 1997 after voters approved a local use tax with the sole purpose of park land acquisition, development, operations and maintenance. The department's mission is to preserve natural and historic features in areas throughout the county for the use of future generations. Today, the department operates 15 parks and consists of 3,643 acres of acquired park land. From historic homesteads to a youth skate park; from camping, hiking, biking, and fishing to weddings and educational classrooms, there's something for everyone in St. Charles County Parks.

For more information and specifics about each park, amenities, trails, and more, visit stccparks.org.