

St. Charles County Novel Coronavirus 2019 (COVID-19) UPDATE



(as of 3:55 p.m., April 19, 2020)

St. Charles County Government and the Department of Public Health staff are working closely with local, regional, state and federal partners to investigate COVID-19, monitor individuals who may have been exposed to the virus and implement procedures to reduce the spread of illness. Staff is also connecting with community partners in health care, education, businesses, community services and other areas to provide support to those organizations and the clients they serve.

St. Charles County has launched [an online dashboard](#) with updated information on COVID-19 cases in the county, including a Zip Code map and breakouts listing cases by date reported, age, gender and race.

As of this update, the Department of Public Health reports the following:

Persons being monitored	582
Persons who have completed monitoring period	874
Number of tests pending at the Missouri State Laboratory*	3
Number of negative tests*	72
Number of positive tests	454
COVID-19 deaths	19

**Tests are being performed at both the Missouri State Laboratory and through private testing laboratories. The number of negative and pending tests is reported to the Department of Public Health by the Missouri State Laboratory only; private labs do not report pending or negative tests to the health department.*

Today's News:

- The briefing from April 18, 2020 for the St. Louis Metropolitan Pandemic Task Force - <https://www.facebook.com/StLouisMetropolitanPandemicTaskForce/videos/891679967926438/>.

For more updates and links to COVID-19 news releases, visit our Latest News web page - <https://www.sccmo.org/COVIDNews>.

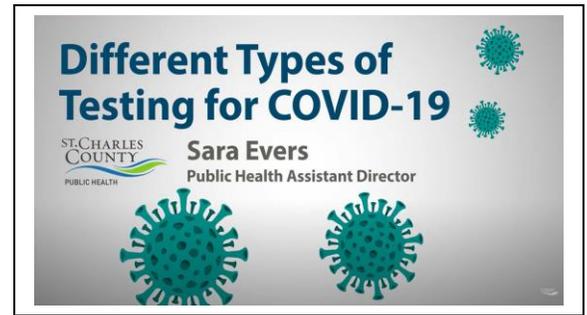
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COVID-19 Testing

Several types of laboratory tests can be conducted to confirm that a person has been infected by the SARS-Cov-2 virus that causes COVID-19. A screening is required to determine testing eligibility. Those who display COVID-19 symptoms should call the St. Charles County COVID-19 Information Hotline at 636-949-1899 or speak to a health care provider about testing options.

Depending on the test and the laboratory, test results can be received within one day to one week. For those waiting for test results, the Department of Public Health recommends that they:

- Stay Home!
- Stay away from others inside the home.
- Practice good hygiene and sanitization habits.
- Contact a medical provider if symptoms change.
- Call 9-1-1 in emergency situations and alert dispatch to COVID-19 concerns
 - Trouble breathing
 - Pain or heavy pressure in the chest
 - Confusion or lethargy
 - Bluish lips or face

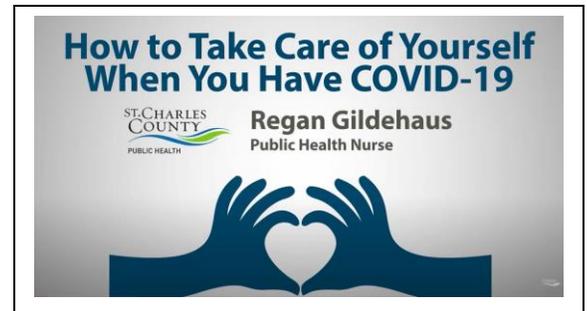


Self-Care For Those Who Test Positive for COVID-19

Most who test positive for COVID-19 have a mild case of the disease and are asked to isolate themselves during home recovery. Self-care and monitoring symptoms will help individuals recover comfortably and protect the health of others.

For those following self-care recommendations:

1. Stay Home!
2. Follow the advice of and stay in contact with your medical provider. If permitted, treat symptoms with over-the-counter medications and drink fluids.
3. Monitor symptoms for changes.
4. Call 9-1-1 in emergency situations and alert dispatch to COVID-19 concerns
 - Trouble breathing
 - Pain or heavy pressure in the chest
 - Confusion or lethargy
 - Bluish lips or face
5. If living with others, isolate in a separate room, and use a separate bathroom when possible.
6. Wear a face covering whenever you are around others.
7. Practice good hygiene and sanitization habits.



Additional Help and Available Resources

To help St. Charles County residents and businesses during the COVID-19 pandemic, a web page (<https://www.sccmo.org/CommunityResources>) is updated regularly.

For questions about the pandemic disease, testing and resources available, St. Charles County's COVID-19 Information Hotline (636-949-1899) is answered from 8 a.m. to 8 p.m., daily or the St. Charles County COVID-19 website is available at <https://www.sccmo.org/COVID>.

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