**COVID-19: Risk and Quarantine Criteria**

For more information about COVID-19, including symptoms, prevention tips and other resources, visit sccmo.org/COVID, call the St. Charles County Department of Public Health COVID-19 Information Hotline at 636-949-1899, or call the Missouri Department of Health and Senior Services COVID-19 Information Hotline at 877-435-8411.

<table>
<thead>
<tr>
<th>Vulnerable Populations</th>
<th>Low Risk</th>
<th>Medium Risk</th>
<th>High Risk</th>
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| Individuals who meet the following criteria are considered vulnerable populations for contracting COVID-19. These individuals should avoid large crowds and practice strict social distancing:  
  - Age 60 and older  
  - People who have serious chronic medical conditions like heart disease, diabetes or lung disease  
  
**EVERYONE SHOULD TAKE STEPS TO PROTECT VULNERABLE POPULATIONS**  
from COVID-19 and other illnesses by understanding the risks and practicing good hygiene and hand washing habits, staying home when sick, and disinfecting surfaces regularly. | **Self-Monitor**  
Those in the Low Risk category are free to move about the community but should self-monitor, avoid large crowds, practice social distancing, avoid vulnerable populations, and avoid public transportation if they meet the following criteria but have no COVID-19 symptoms:  
  - Traveled from any other area in the United States or internationally where the extent of COVID-19 spread is unknown  
  - Been in the same indoor environment (e.g., classroom, hospital waiting room) as a person with COVID-19 for a limited amount of time and without close contact | **Advised Voluntary Quarantine**  
The Department of Public Health advises a Voluntary Quarantine to individuals and ask them to self-monitor if they meet one or more of the following criteria:  
  - Traveled from areas with sustained community transmission and have no symptoms  
  - Have symptoms of COVID-19 but have not traveled to areas with sustained community transmission  
  - Have a COVID-19 test pending or live with a person who has a COVID-19 test pending | **Quarantine Order**  
The Department of Public Health will issue a Quarantine Order to individuals if they meet one or more of the following criteria:  
  - Have a positive COVID-19 test  
  - Have a known close contact to someone with a positive COVID-19 test  
  - Those under an Advised Voluntary Quarantine with further evidence of infection |