

# COVID-19: Risk and Quarantine Criteria

For more information about COVID-19, including symptoms, prevention tips and other resources, visit [sccmo.org/COVID](https://sccmo.org/COVID), call the St. Charles County Department of Public Health COVID-19 Information Hotline at 636-949-1899, or call the Missouri Department of Health and Senior Services COVID-19 Information Hotline at 877-435-8411.



## Vulnerable Populations

Individuals who meet the following criteria are considered vulnerable populations for contracting COVID-19. These individuals should avoid large crowds and practice strict social distancing:

- Age 60 and older
- People who have serious chronic medical conditions like heart disease, diabetes or lung disease

### EVERYONE SHOULD TAKE STEPS TO PROTECT VULNERABLE POPULATIONS

from COVID-19 and other illnesses by understanding the risks and practicing good hygiene and hand washing habits, staying home when sick, and disinfecting surfaces regularly.



## Low Risk Self-Monitor

Those in the Low Risk category are free to move about the community but should self-monitor, avoid large crowds, practice social distancing, avoid vulnerable populations, and avoid public transportation if they meet the following criteria but have no COVID-19 symptoms:

- Traveled from any other area in the United States or internationally where the extent of COVID-19 spread is unknown
- Been in the same indoor environment (e.g., classroom, hospital waiting room) as a person with COVID-19 for a limited amount of time and without close contact



## Medium Risk Advised Voluntary Quarantine

The Department of Public Health advises a Voluntary Quarantine to individuals and ask them to self-monitor if they meet one or more of the following criteria:

- Traveled from areas with sustained community transmission and have no symptoms
- Have symptoms of COVID-19 but have not traveled to areas with sustained community transmission
- Have a COVID-19 test pending or live with a person who has a COVID-19 test pending



## High Risk Quarantine Order

The Department of Public Health will issue a Quarantine Order to individuals if they meet one or more of the following criteria:

- Have a positive COVID-19 test
- Have a known close contact to someone with a positive COVID-19 test
- Those under an Advised Voluntary Quarantine with further evidence of infection