

BEST PRACTICE RECOMMENDATIONS FOR PARTICIPATION IN LARGE COMMUNITY EVENTS

When out in public, and while participating in large events such as fairs, conferences, graduations, expos, and concerts, it is important to use extreme caution because you do not know the COVID status of those around you.

To protect yourself, your loved ones, and your community from COVID-19, you should:

- Minimize your exposure to large groups.
- Maintain social distancing (6 feet) from those outside of your household.
- Correctly wear a face mask.
 - Your face mask should be tight fitting and cover both your nose and mouth.
- Avoid touching frequently touched surfaces or objects.
- Avoid touching your face, mouth, nose, and eyes.
- Wash your hands with soap and water for 20 seconds.
 - If soap and water is not available, use an alcohol-based hand sanitizer with at least 60% ethanol or 70% isopropanol.
 - If you can, bring your own hand sanitizer with you.
- Be sure to wash your hands:
 - Before you eat and after you eat.
 - After using the restroom.
 - After blowing your nose, coughing, or sneezing.
- Monitor yourself for new symptoms.
 - If you feel sick, isolate yourself from others until your symptoms fully go away.
- Stay informed by visiting trusted sources for information such as:
 - www.sccmo.org/COVID
 - www.health.mo.gov
 - www.cdc.gov
 - www.who.int

If you are sick, have tested positive for COVID-19, were recently exposed to COVID-19, or are showing COVID-like symptoms you should not participate in large events, isolate yourself from others, and contact your healthcare provider.

These recommendations are based on the current information available, regarding COVID-19, effective June 2020. These recommendations can change, and it is important to stay up-to-date on the current recommendations regarding large gatherings should you attend one.

The chart below can help you identify places and activities that could put you and your family at increased risk for coming in contact with COVID-19. The chart also offers alternatives to high risk activities and additional ways to reduce the risk of transmission.

Places and Activities with Increased Likelihood of Germ Transmission	Alternatives and Ways to Reduce your Risk
Travel	
<ul style="list-style-type: none"> • Public Transportation <ul style="list-style-type: none"> ○ Planes, Trains, Taxi/Rideshare, Buses, Ships ○ Airports, train station, bus station • Public Restrooms • Cruise Ships, Hotels, Resorts, and Rental Properties • Tourist destinations <ul style="list-style-type: none"> ○ Zoo/aquarium, museums, monuments, theme parks 	<ul style="list-style-type: none"> • Use personal vehicle or RV <ul style="list-style-type: none"> ○ Wash hands after pumping gas • Wear PPE and wash your hands when using public restrooms • Stay in a personal residence like a family member’s home, or stay in a private rental property that has COVID cleaning protocols • Utilize outdoor spaces <ul style="list-style-type: none"> ○ Maintain social distancing, limit touching of handrails, turnstiles • Wash or sanitize hands after touching commonly touched items and avoid touching your face, mouth, nose, and eyes • Have a plan in place to return home if local travel recommendations change in the location you are visiting or where you live
Entertainment Venues	
<ul style="list-style-type: none"> • Concerts • Sports events • Movie theatres • Conferences • Gyms and pools <p>Many activities will not have safe ways to participate. These should be avoided. The following are examples of these types of activities:</p>	<ul style="list-style-type: none"> • Avoid large gatherings of people • Maintain social distancing (6 ft) • Wash or sanitize hands after touching commonly touched items and avoid touching your face, mouth, and eyes • Wear a face mask • Watch events from home or organize virtual viewing parties • Exercise outdoors with social distancing or in your own home

<ul style="list-style-type: none"> • Arcades (incl. escape rooms, axe throwing, bowling alley) • Night Clubs 	
Bars and Restaurants	
<ul style="list-style-type: none"> • Buffet style • Businesses that do not enforce social distancing • Businesses that do not have COVID cleaning protocols 	<ul style="list-style-type: none"> • Use pick up or delivery options • Maintain social distancing (6 ft) • Choose businesses that enforce social distancing and COVID cleaning protocols • Wash or sanitize hands after touching commonly touched items and avoid touching your face, mouth, and eyes
Shopping	
<ul style="list-style-type: none"> • Grocery stores • Farmers markets • Malls • Other Retail 	<ul style="list-style-type: none"> • Utilize delivery or pick-up options • Avoid large gatherings of people • Go early to avoid crowds • Wear a face mask • Utilize contactless payment options • Maintain social distancing (6ft) • Wash or sanitize hands after touching commonly touched items and avoid touching your face, mouth, and eyes